

# The Plant Periodical

PLANT MEMORIAL HOME  
THOMAS COTTAGES

September 2025



There continue to be a lot of new faces around our campus and the rate of new community members joining us continues to amaze me. Within the next couple of months, we have several new residents moving into the main building. Although this property is inarguably one of the most beautiful in the midcoast area, many residents cited the kindness of the staff and the welcoming nature of our resident community as a contributing factor to their excitement in joining us. I am proud to be part of a community where that is true on both accounts.

I am thrilled to predict that the Plant Home is returning to census numbers that make it highly possible that our 3-4 remaining units will have accepted applications by the end of 2025! Not in my wildest projections did I have us reaching this significant milestone at this point. It will certainly usher in a new era here as the board and I are hard at work with architects to imagine what it looks like to make room for folks to join us in keeping with the beauty of our campus.

In this newsletter  
you can find:

Community  
Updates

Department  
Debriefs

Health Tips

Upcoming  
Events

Resident  
Welcomes

...and more!



Because we will be in wait-list territory in both the cottage and main building parts of our campus, expanding will allow us to create long-term financial sustainability as well as guarantee that we can stay true to the vision of Thomas Plant to make this community accessible to residents that may need help affording their care.

As plans come into focus, we will include all of you in the conversations. I continue to be grateful that you all represent the kind of community that attracts people to the Plant Memorial Home.



*Jay Lasegue*

## The Nurse's Desk

Congrats to our nursing supervisor, Heidi, and Kristie, third shift shift leader, for renewing their CRMA certs for two more years! Heidi scored 100, 100, and 103; Kristie scored 100, 99, and 101.

I couldn't be more proud! A huge thank you goes out to Monica for retaking the CRMA course to be more flexible in her role here. We appreciate you!

We will be holding a vaccine clinic on Sept 19<sup>th</sup> from 10am-

12pm in the activities room. For all residents living in the "Big House", Heidi & myself will fill out consents for all assisted living residents and will give consent forms to all independent residents and cottagers.

Autumn is upon us- be sure to close windows at night and lightly layer in the morning and evening to avoid that seasonal cold!

Always keep on keeping on while staying healthy and safe! -Robi

### **Birthdays:**



Steve H.- 9/1  
Pat M.- 9/3  
Fern- 9/18  
Deb- 9/19

### **Anniversaries:**



Pat G.- 9/3, 1 year  
Paul- 9/5, 2 years  
Carol L.- 9/6, 3 years  
Carol M.- 9/8, 3 years  
Marita- 9/11, 1 year

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# Shop Talk



Fall is almost here! In the coming weeks, the maintenance department will be scheduling a fall turnover for the campus.

This includes removing and storing AC units, cleaning heat pumps filters, cleaning and flipping the direction of ceiling fans, and moving outdoor items into storage. As part of this process, they will work with you to identify items that need to be moved to storage in preparation for snow removal season. Please note that tarps are not approved as a way to cover items that remain on the outside of units.

As our community has continued to expand, we often find it necessary to reflect on how to manage the property to protect the look and feel, as well as the infrastructure that makes this home. Moving forward, residents in both the cottages and main building will be permitted to plant items on the exterior of their units in approved above ground containers. In the near and mid-term, we will be evaluating and removing the shrubbery and plants on the property that may cause risk to the buried infrastructures, foundations, walkways, etc. Our maintenance staff is responsible for the entire exterior on our campus and must be the only team that puts shovels in the ground in order to protect our communication and electrical systems. There continues to be a designated area for in-ground gardening and this area would be an exception to the policy. Thank you for your understanding and, as always, feel free to ask me directly if you have any questions about our fall turnover or plants.

-Shayne

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## The Activities Room

September in Maine offers comfortable weather, vibrant fall foliage, and fewer crowds than the peak summer season.

I would like to introduce Natasha to the Activities Department! Be sure to stop by to introduce yourself. She has a very interesting story about running and being an owner of a local historical society. She is very energetic and will be a great addition to Activities.

As we move into September 2025, get ready to sing along this month with several musicians coming to the Plant Memorial Home. (Jay Staples 9/5, Bruce Hardina 9/6 and Chris Heard 9/23).

We also have a bus trip to Reny's on 9/26- you all know that is ALWAYS a good time! Our lunch out for September will be Chinese food on 9/19. Hope you ALL have enjoyed August 2025!

## New Faces, New Friends



Join me in welcoming our newest resident Andrew Clear and Activities Assistant Natasha Skelton. We're so glad you're here! Welcome home.







## Out and About

If you're interested in an excursion, sign up on the first floor resident board. On the trip day, be sure you are ready to go when the trip is set to depart. \*Excursions have limited space\*



## Are you a bookworm?

We have a library service that delivers and picks up library books to residents.

If you are interested, please talk to an Activities staff member.



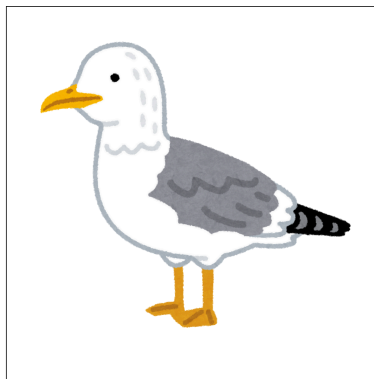
## Tech Help

If you are experiencing tech troubles, Amelia will be happy to try and help you Monday-Friday. Results may vary.



## Sunday Salon

The salon is open every third Sunday of the month.



## Where's the seagull?

A seagull is hiding somewhere in this newsletter! Can you find him?

*Thank you for reading!*



## Looking for more?

You can find us on Facebook at Plant Memorial Home & Thomas Cottages.

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| The Plant Memorial Home                                  | 207-443-2244                         |
| <a href="http://www.planthome.org">www.planthome.org</a> | 1 Washington Street<br>Bath ME 04530 |

