



oct.05-oct.11



LUNCH MENU

SUN. 10/5

Appetizer

Tomato Basil Soup

Mains

Boiled Ham Dinner

Shrimp Roll

Sides

Cabbage & Carrots

Pickle & Chips

MON. 10/06

Appetizer

Italian Wedding Soup

Mains

Chicken Cordon Bleu

Tuna Salad Sandwich

Sides

Buttered Corn

Pickle & Chips

TUES. 10/07

Appetizer

Garden Salad

Mains

BBQ Ribs

Hamburgers

Sides

Roasted Sweet Potatoes

Cole Slaw

WED. 10/08

Appetizer

Lentil Soup

Mains

Beef Stew

Turkey Club Wrap

Sides

Roasted Cauliflower

French Bread

THURS. 10/09

Appetizer

Garden Salad

Mains

Pulled Pork Plate

Chicken Salad Sandwich

Sides

Mashed Potatoes

Pickle & Chips

FRI. 10/10

Appetizer

Garden Salad

Mains

Baked Haddock

Mac & Cheese

Sides

Brussels Sprouts

Rice Pilaf

SAT. 10/11

Appetizer

Fish Chowder

Mains

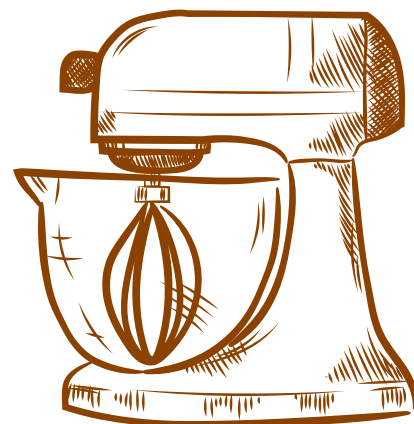
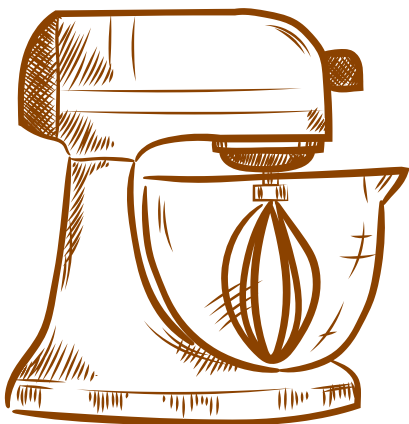
Beef Stuffed Cabbage

Tuna Salad Sandwich

Sides

Roasted Parsnips

Rutabaga



PLANT MEMORIAL HOME