



May 17 - May 23



SUPPER MENU

SUN. 5/17

Appetizer

Broccoli Cheddar Soup

Mains

Monte Cristo Sandwich

Greek Chickpea Salad

Sides

Petit Side Salad and Fruit



MON. 5/18

Appetizer

Potato Leek Soup

Mains

BLT Salad with Ranch

Deli Sandwich of Choice

Sides

Fruit and Cottage Cheese

TUES. 5/19

Appetizer

Chef's Salad

Mains

Haddock Chowder

Bologna and Cheese

Sandwich

Sides

Fruit and Biscuit

WED. 5/20

Appetizer

Garden Salad with Red Wine

Vinsigrette

Mains

Mulligatawny Stew

Tomato Basil Grilled Cheese

Sides

Fruit

THURS. 5/21

Appetizer

Chef's Summer Salad

Mains

Roasted Pork Tenderloin

Shrimp Salad Sandwich or on

a Summer Salad

Sides

Baked Potato and Green

Beans



FRI. 5/22

Appetizer

Carrot Ginger Soup

Mains

Turkey and Rice Casserole

with White Wine Cream

Sauce

Deli Sandwich

Sides

Fruit and Corn

SAT. 5/23

Appetizer

Chef's Choice Soup

Mains

Hot Dog with a Toasted Roll

Greek Salad with Deli Meat

Sides

Baked Beans

Check out
the back
for food
facts!!!

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FOOD FACTS

Chickpeas date back over 10,000 years and are a nutrient-dense legume. They also come in a variety of colors including beige, red, black, and green. The leaves of chickpeas also contain a natural acidic insecticide repelling bugs

Potato leek soup was actually created in America not France. Many believe it to be a classic French dish. However, it was created by a French chef working at the Ritz Carlton in 1917

Trivia Alert!
Sandwiches are on the menu today. Do you know the world's largest sandwich was made in Michigan in 2005. It was a corned beef and cheese sandwich. Do you know how much it weighed?
Unsure?
Come to activities for the answer!




Vinaigrette dates back to Ancient Rome and was coined the “French dressing”. While it is typically used in salads Vinaigrette is also commonly used in desserts and as rich marinades.

Pork Tenderloin is a very lean and fast cooking cut of pork. It is often referred to as the “filet mignon” of pork and is a cut that comes from the inner back bone usually weighing no more than a pound.

Carrots were originally purple, white, yellow or red. Orange carrots were not around until around the 17 century and they came from the Netherlands. The record for the longest carrot is 19 feet and the heaviest carrot is recorded at 22 pounds

Meal Times
Breakfast: 7:30 - 8:15
Lunch: 11:30 - 12:30
Cottagers Pick Up 12:00
Supper 4:30 - 5:30



Hot dogs are a classic and loved by many. Roughly 7 billion hot dogs are consumed between memorial day and labor day! Hot dogs are also NASA approved, and have been enjoyed in space. Apollo 7 astronauts enjoyed the on the way to the moon!