



May 3 - May 9



SUPPER MENU

SUN. 5/3

Mains

Creamed Turkey over a Biscuit
Chef Salad with Herb Ranch

Sides

Vegetables and Fruit

MON. 5/4

Appetizer

Corn Chowder

Mains

Italian Sandwich
Salad

Sides

Cottage Cheese and Fruit

TUES. 5/5

Mains

Chili with Cornbread and a Petit Salad with Ranch

Turkey Sandwich with Lettuce and Tomato

Sides

Fruit



WED. 5/6

Mains

Seafood Chowder with Oyster Crackers

Deli Sandwich of Choice with Lettuce and Tomato

Sides

Fruit and Mixed Vegetables

THURS. 5/7

Appetizer

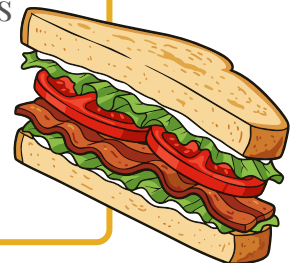
Vegetable Soup

Mains

BLT Sandwich Served with Chips and Pickles

Sides

Fruit



FRI. 5/8

Appetizer

Tomato and Basil Soup

Mains

Spinach and Cheese or Ham and Cheese Quiche

Fried Bologna Sandwich

Sides

Fruit

SAT. 5/9

Mains

Hot Dog on a Bun
Cobb Salad with Diced Chicken

Sides

Baked Beans and Buttered Corn

Check out the back for food facts!!!

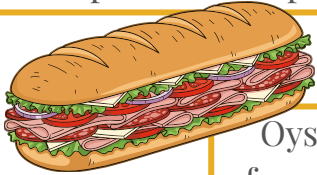
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FOOD FACTS

Creamed Turkey is a classic comfort food designed to use up holiday leftovers. It features cooked turkey in a rich milk gravy or white sauce. Typically served over toast, biscuits, or mashed potatoes. Occasionally it will include pimentos or peas.

The classic Italian sandwich was invented in the 20th century likely by a Maine baker Giovanni Amato somewhere between 1902 and 1930. The story behind the Maine origin is that Giovanni Amato was looking for a way to sell his bread to dockworkers which led to a sandwich with ham, American cheese, onions, pickles, tomatoes, peppers, and Greek olives.

Chili originated as a simple meat and pepper dish popular among Texas pioneers, cowboys, and inmates in the late 1800s. Traditional Texas style chili actually contains no beans, tomatoes, or fillers. Many recipes consisted of meat, chili peppers, and spices only.



Oyster crackers are often found as a topping for clam chowder or oyster stew. Despite their name they actually do not contain any oyster and are made from wheat flour. They are named for their similar shape to an oyster shell and traditional use in seafood soups.

The “ Mayo” Argument
Many argue that a BLT sandwich requires mayonnaise to be complete. What is your opinion?
Mayonnaise or No
Mayonnaise



Fried bologna sandwiches are a loved dish in the south. Often you will find these sandwiches with American cheese, mayonnaise and sometimes potato chips. National fried bologna sandwich day is October 24th!

Meal Times
Breakfast: 7:30 - 8:15
Lunch: 11:30 - 12:30
Cottagers Pick Up 12:00
Supper 4:30 - 5:30

The cobb salad was invented in 1937 by Robert Cobb who was the owner of Brown Derby restaurant in Hollywood. The invention of the cobb salad is known as the “fridge raid” invention. Robert Cobb was searching for a late-night snack when he threw together leftovers from the fridge creating the cobb salad.