

The Plant Periodical

PLANT MEMORIAL HOME
THOMAS COTTAGES
JUNE 2026



"What's Cookin' at the Plant Memorial Home?"

I love watching cooking shows. It fascinates me to see chefs use ingredients I've never heard of to create delicious dishes.

For example, have you ever heard of a dish that includes bottarga? What would be the flavor profile for a dish with katsuobushi? Do you remember the first time you ever tasted a dish with white truffle?

Well, between May 1 and July 1, the Plant Home will add more ingredients to the "pantry" than we have in a very long time.

Every great recipe needs a little something extra. A pinch of this, a dash of that. And this month, life has seen fit to toss some spectacular new ingredients into our already delicious community meal. I want to encourage you to find out what makes them so special.

In this
newsletter
you can find:

**Community
Updates**

**Department
Debriefs**

Health Tips

**Upcoming
Events**

**Resident
Welcomes**

...and more!



To help you get to know our newest residents, we will be hosting a welcome gathering on June 10th at 2:45 in the activities room. Recently we welcomed Marjorie into the cottages and we have also welcomed Carol S. and Gloria into our main building. We will be welcoming Quinda and Virginia as new members of our community in June. We strongly encourage you to attend, catch up with friends, and begin making new ones. Feel free to bring a welcome gift for our newest residents. This is an event that we will be hosting on a monthly basis from here on, as a way to connect and welcome the newest additions to the PMH community.

A NOTE FROM YOUR HEAD CHEF (aka Administrator, Jay Levesque)

"Every great recipe takes time to come together. The flavors need to mingle, settle in, and find their place in the pot. Our community is no different. It might feel a little unfamiliar at first — like the first bite of something you've never tried before. But give it a moment. Let it sit. Because I have watched this community welcome new neighbors for years, and I promise you this: what starts as a house full of strangers almost always turns into something that smells absolutely wonderful and keeps you coming back for seconds."

HOW TO WELCOME OUR NEW INGREDIENTS:

Say hello in the hallway — even if you've already said it twice today.

Save them a good seat at Bingo — you know which seats those are.

Invite them to share a meal — make room at your table and share a bit of your story.

Share your recommendations — best activities to join, what's the best dish served on Fish Fridays, which elevator takes forever.

Give them time to simmer — every great flavor needs a little adjustment period.

I know, my newsletter submissions are an acquired taste. But I am grateful for each and every one of you here at the Plant Memorial Home. This place would be horribly bland if you were the missing ingredient.



Jay Levesque



The Nurse's Desk

Hotter days are on their way! Be sure to eat a good breakfast every day and remember your H2O throughout the day! Keep your sunscreen handy when outside and never go to bed angry.

EVAH 

Look for new faces as we have two new ladies moving into the house this month!

We are pleased to host Riverside hearing this month. New to Bath they are offering a free hearing clinic. This will only be available for the first ten people to sign up. Sign up sheet located in the same spot as activities.

If you want to know more about hospice care join Beacon for their hospice 101 education for residents June 18th from 10:30am-11:00am.

Stay Tuned for our American Red Cross blood drive, The date is still in the works.

“What feels like the end is often the beginning”

Birthdays

Dave D. 6/1
Megan D. 6/3
Sarge L. 6/7
Anthony J. 6/8
Michael M. 6/12
Gayle W. 6/15
Laurel P. 6/21
Marie M. 6/22
Mary Ellen S. 6/24
Glorie M. 6/27

Love to you all,
Robi, Heidi, and Crew!

Employee Anniversaries

Paula E. 6/11
Kristi D. 6/15
Desiree F. 6/26

Move-in Anniversaries

Esther H. 6/18

The Activities Room

Welcome, June! Activities is excited for warmer weather and the start of outdoor fun — including the season's first beach outings. Stop by Activities to sign up for outings. We'll also host many visitors this month, with new workshops and special guests coming to the Plant Home. Take a look at the monthly schedule and mark your calendar. Activities is always open to suggestions. If we're not around, please leave your ideas in the suggestion box downstairs. Activities is also looking to gather some information on all of you! Attached to the newsletter you will find a quick questionnaire. We hope you will fill this out and return it to us! We are also here if you want to fill it out with us as well.

Meet Laurel

Laurel is the newest addition to activities. She has been a great addition to activities and has joined right in on all the fun. It's like she has been with activities forever! We are so glad to have you as part of our community Laurel!



Check out some of our upcoming projects!



May Raffle Winners

**Betty C.
Nancy W.
Steve H.**



**BUMBLE BEE
JUNE 8th
@ 11:00**

Notes from Maintenance

Wonderful spring day to everyone!

Our team of 3 Musketeers is getting things done in record time. The air conditioners are almost all installed in the building and we are tickling up the rooms and cottages as fast as we can. We are having a mulching party to make the grounds look amazing. I can't say enough about how wonderful Rick and Michael are working and how great they have done and continue to do.

We want to say thank you to everyone for the waves and the smiles!

We will be working on getting the raised beds up by the building so we can get some beautiful flowers and herbs planted.

We are hoping for a few days without rain, it just makes the grass grow wat too fast!



Steve

Maintenance Manager

**Thank you Anthony for
joining the mulching
team!**

Meet Michael

Michael comes to us with years of experience and many new tips and tricks of the trade. He continues to be a great addition to the team and is helping to work quickly and efficiently to get things done and ready around our community. Thank you for joining the team Michael!



The DISH from DIETARY

The dietary department wants to thank Leslie Wyman for single-handedly acquiring 30 hard shell lobsters and picking them for Memorial Day, as well as making special homemade ice cream. She is a trooper! I'd also like to thank Chef Kanya for making us the most delicious strawberry rhubarb pies now that rhubarb is in season. We plan to make more desserts centered around it while we can. The fruit and vegetable options are already improving and continue to do so. As usual, I would like to remind everyone to stay hydrated all the time, but even more so if you are outside soaking up the sun (and heat!). We will be returning to our cookout style meals and summer focused menu.

I'd also like to remind everyone that the dining room has no assigned seats, and this can be a good opportunity to make a new friend or learn something new about someone.

Take a look at the memories we made in MAY





Out and About

If you're interested in an excursion, sign up down in activities. On the trip day, be sure you are ready to go when the trip is set to depart. *Excursions have limited space*



Are you a bookworm?

We have a library service that delivers and picks up library books to residents.

If you are interested, please talk to an Activities staff member.



Tech Help

If you are experiencing tech troubles stop by activities. We have added technology hour to the schedule to help!



Sunday Salon

The salon is open every other Sunday.



Happy Father's Day From The Plant Home!



Looking for more?

You can find us on Facebook at Plant Memorial Home & Thomas Cottages.



Thank you for reading

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