

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						¹ 10:00 Strength Training 10:30 The Americas Ep. 4 1:15 BINGO 2:45 DIY Sun Catchers
² SALON OPEN 10:00 Tai Chi 10:30 Mug Club 11:00 Word Search 1:15 Craft Hour 2:45 PMH Coloring Book NATIONAL COLORING BOOK DAY	³ 10:00 Flexibility 10:30 Trivia 1:15 BINGO 2:45 DIY Forever Flowers 4:00 Walking Group	⁴ 9:30 YMCA 10:00 Chair Yoga 10:30 DIY 3D Sticker Scenes 1:15 Bowdoin Art Museum Trip 2:00 Ice Cream Truck 2:30 Block Buster Tuesday	⁵ 9:30 Technology Help 10:00 Strength Training 10:30 Boggle 10:45 Church 1:15 BINGO 2:45 DIY Mosaic Coasters	⁶ 9:30 YMCA 10:00 Tai Chi 10:30 Corn Hole 10:30 Golf Cart Rides 1:00 Baby Shower 2:00 Walmart	⁷ 10:00 Chair Yoga 10:30 A to Z Word Game 11:00 Audio Book Club 1:15 Pemaquid Point Lighthouse Visit 3:00 Giant Connect Four NATIONAL LIGHT HOUSE DAY	⁸ 10:00 Strength Training 10:00 Bath Kindness Day Downtown 10:30 Bells 1:15 BINGO 2:45 DIY Clay Bookmarks Part 1
⁹ 10:00 Tai Chi 10:30 Mug Club 11:00 Spot the Difference 1:15 Craft Hour 2:45 DIY Clay Bookmarks Part 2 NATIONAL BOOK LOVERS DAY	¹⁰ 10:00 Flexibility 10:30 Daily Delights 11:00 Toss Across 1:15 BINGO 2:45 DIY Necklaces 4:00 Walking Group	¹¹ 9:30 YMCA 10:00 Chair Yoga 10:30 DIY Beaded Keychain 1:00 Hearing Clinic 2:00 Ice Cream Truck 3:00 Cottage Meeting NATIONAL SONS AND DAUGHTERS DAY	¹² 10:00 Topsham Fair Trip 10:00 Strength Training 10:30 Adult Coloring 10:45 Church 1:15 BINGO 3:00 Andrei Ferrera Music	¹³ 9:30 YMCA 10:00 Tai Chi 10:30 Color by Number 1:15 Hobby Lobby 3:30 DIY Window Clings	¹⁴ 10:00 Chair Yoga 10:30 Arm Chair Travel West Point 11:00 Sea Basket Dine out 2:00 Creamsicles on the Deck 3:00 Mario Cart NATIONAL CREAMSICLE DAY	¹⁵ 10:00 Strength Training 10:30 Bells 1:15 BINGO 2:45 Popcorn Tasting 3:30 Yard Pong
¹⁶ SALON OPEN 10:00 Tai Chi 10:30 Mug Club 11:00 Cryptogram 1:15 Craft Hour 2:45 DIY Frames	¹⁷ 10:00 Flexibility 10:30 DIY Oil Pastel Drawing 1:15 BINGO 2:45 DIY Key Rack 4:00 Walking Group NATIONAL NON-PROFIT DAY	¹⁸ 9:30 YMCA 10:00 Chair Yoga 10:30 Travis Talks 1:15 Ring Toss 2:00 Ice Cream Truck 2:45 DIY Texture Painting	¹⁹ 9:30 Technology Help 10:00 Strength Training 10:45 Church 1:15 BINGO 2:45 Welcome Mixer 3:45 Prize Drop	²⁰ 9:30 YMCA 10:00 Tai Chi 10:30 Group Crossword 1:00 Richard Music 1:15 R.M. Bates 3:30 Knitting/Crochet Group	²¹ 10:00 Chair Yoga 10:30 DIY Magnets 11:00 Bubble Badminton 1:15 DIY Hydro Dipping 2:30 Stuff the Back Pack Help us Give Back to Our Community!	²² 10:00 Strength Training 10:30 Bells 1:15 BINGO 2:45 DIY Paint By Number
²³ 10:00 Tai Chi 10:30 Mug Club 11:00 Diamond Art 1:15 Craft Hour 2:45 DIY Wooden Keychains	²⁴ 10:00 Flexibility 10:30 Can you Name it? 11:00 Journaling Group 1:15 BINGO 2:45 DIY Ceramic Statues 4:00 Walking Group	²⁵ 9:30 YMCA 10:00 Chair Yoga 10:30 DIY Stamp Making 1:00 Resident Meeting 2:00 Ice Cream Truck 2:45 Nerf guns and Nerf Arrows	²⁶ 9:30 Technology Help 10:00 Strength Training 10:30 Dot to Dot 10:45 Church 1:15 BINGO 2:45 DIY Pine Cone Flowers NATIONAL DOG DAY	²⁷ 9:30 YMCA 10:00 Tai Chi 10:30 Jeopardy 11:30 Mile Beach Picnic and Visit 3:00 Yellow Challenge NATIONAL JUST BECAUSE DAY	²⁸ 10:00 Chair Yoga 10:30 Group Word Fill In 11:00 Maine Book Club 1:15 Reny's 3:30 Happy Hour on the Deck	²⁹ 10:00 Strength Training 10:30 Bells 1:15 BINGO 2:45 DIY Yarn Wall Hanging
³⁰ SALON OPEN 10:00 Tai Chi 10:30 Mug Club 11:00 Open Pool Table 1:15 Craft Hour 2:45 Second Chance Crafts	³¹ 10:00 Flexibility 10:30 Book Club 1:15 BINGO 2:45 DIY String Art 4:00 Walking Group				Weekly Raffle Every Friday @4:30	

Whats Going on This Month?

Live Performances
August 12th Andrei Ferrara
August 20th Richard

All our DIY projects listed on the calendar can be found in Activities. Examples of this month's DIY are located on the counter with the dates they are scheduled for. Come check them out!

August Outings

August 4th Bowdoin Art Museum
August 7th Pemaquid Lighthouse
August 8th Bath Kindness Day
August 14th Sea Basket Dine Out
August 27th Mile Beach

This Month's Shopping Trips

August 6th Walmart
August 13th Hobby Lobby
August 20th R.M. Tates
August 28th Reny's

Join us for Bingo every Monday, Wednesday and Saturday at 1:15pm!

New and Exciting Activities to Check Out:

August 2nd: Come and get your copy of the very first Plant Memorial Home coloring book in honor of National Coloring Book Day!

August 4th: Enjoy bubbles on the back deck with a fun game of Bubble badmitton.

August 6th: Join us for in celebrating one of our staff members who is expecting!

August 10th: Enjoy a game of Toss Across, where you try to make Tic Tac Toe with Bean Bags.

August 14th: Come see a presentation on West Point and What Megan Has been up to all summer!

August 16th: Come try a new game "cryptograms" solve the mystery phrase.

August 18th: Try your luck at a classic carnival game of ring toss!

August 19th: Prize drop will bring lots of laughs as you cut the string and let luck decide your prize.

August 21st: We are helping out a local school come help us get everything ready to go!

August 24th: Can you name it? Join us for a fun word game that is sure to get you thinking!

August 25th: We are taking our target practice up a notch and introducing the art of bow and arrow, come test your aim!

August 27th: Yellow challenge is sure to test your imagination. How many yellow items can you draw?

August 28th: Join us for a Maine book club where we focus on Maine authors and the stories they tell. (books supplied)

August 30th: Second Chance Hour, didnt have enough time or get to stop by for something that looked fun come on down we will help you out!