



October 2026

Monthly Activity Schedule



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 YMCA 10:00 Chair Yoga 10:30 Corn Hole 11:00 Mystery Bag Guessing Game 1:15pm Walmart	2 10:00 Balance Training 10:30 Diamond Art Club 1:15 Oktoberfest 2:45 Open Activities	3 10:00 Strength Training 10:30 Bells 1:15 BINGO 3:00 Leaf Peeping drive! 5:30 Movie Night
4 10:00 Tai Chi 10:30 Mug Club 1:15 Craft Hour 3:00 DIY Christmas Village Group Project	5 10:00 Core Training 10:30 Daily Delights 11:00 Dot Coloring 1:15 BINGO 2:45 DIY 3D Halloween Scene DO SOMETHING NICE DAY	6 9:30 YMCA 10:00 Flexibility 10:30 Trivia 11:00 Relaxed Nature Walk 1:15 Sweets and More Trip 3:30 Happy Hour	7 9:30 Technology Help 10:00 Strength Training 10:30 Scattergories 10:45 Church 1:15 BINGO 2:45 Everything Pumpkin Tasting 5:30 Movie Night	8 9:30 YMCA 10:00 Chair Yoga 10:30 DIY Line Art 1:15 Baking Club (Brownies) 2:45 Knitting and Crochet Group	9 10:00 Balance Training 10:30 Fall A-Z Challenge 11:00 Sticker By Number 1:15 HomeGoods	10 10:00 Strength Training 10:30 Bells 1:15 BINGO 3:00 DIY Pumpkin hanging 5:30 Movie Night
11 10:00 Tai Chi 10:30 Mug Club 1:15 Craft Hour 2:30 DIY Dish Mat Tote Bag	12 10:00 Core Training 10:30 Daily Delights 11:00 Giant Jenga 1:15 BINGO 2:45 DIY Fall Earrings and Jewelry Making	13 9:30 YMCA 10:00 Flexibility 10:30 DIY Halloween Magnets 1:00 DIY Potpourri 3:00 Cottage Meeting NAVY BIRTHDAY	14 9:30 Technology Help 10:00 Strength Training 10:30 Trivia 10:45 Church 1:15 BINGO 3:00 50 Years of Spindleworks Poetry with Nan 5:30 Movie Night	15 9:30 YMCA 10:00 Chair Yoga 10:30 Adult Coloring 1:00 Sam S. Music 2:00 DIY Seasonal Candle Holders	16 10:00 Balance Training 10:30 Open Activities 1:15 Twice Told Tales Bookstore 3:30 Clue Board Game BOSS'S DAY	17 10:00 Strength Training 10:30 Bells 1:15 BINGO 2:45 DIY Fall Suncatchers 5:30 Movie Night
18  10:00 Tai Chi 10:30 Mug Club 1:00 Patriots Watch Party 1:15 Craft Hour 2:30 DIY Layer Art	19 10:00 Core Training 10:30 Daily Delights 1:15 BINGO 3:00 Fall Lego Builds 3:45 Open Activities	20 9:30 YMCA 10:00 Flexibility 10:30 Ken Talks : Diabetes 1:15 Pumpkin Picking Rocky Ridge Orchard 3:30 Happy Hour	21 9:30 Technology Help 10:00 Strength Training 10:30 Guess the Fall Scent 10:45 Church 1:15 BINGO 5:30 Movie Night	22 9:30 YMCA 10:00 Chair Yoga 11:15 Chickadee Dine Out 1:15 Angel Wings Thrift Shop	23 10:00 Balance Training 10:30 Fall Activity Book 2:00 DIY Faux Stained Glass Game 1 of the World Series Showing	24 10:00 Strength Training 10:30 Bells 1:15 BINGO 3:00 DIY Fall Tote Bags 5:30 Movie Night
25 10:00 Tai Chi 10:30 Mug Club 1:15 Craft Hour 3:00 DIY Mini Halloween Wreaths	26 10:00 Core Training 10:30 Daily Delights 10:30 Book Club 1:15 BINGO 2:45 Pumpkin Carving PUMPKIN DAY	27 9:30 YMCA 10:00 Flexibility 10:30 Jeopardy 1:00 Resident Meeting 2:00 DIY Decorative Plates 3:30 Mystery Mosaic Coloring	28 9:30 Technology Help 10:00 Strength Training 10:45 Church 1:15 BINGO 3:00 Paint and Sip: Fire Fly Sky 5:30 Movie Night	29 9:30 YMCA 10:00 Chair Yoga 10:30 Cozy Case Files Puzzle Game 1:00 Richard Music 2:00 DIY Fall Hanging Signs CAT DAY	30 10:00 Balance Training 10:30 Arm Chair Travel: Africa 1:15 Halloween Party 3:15 Open Activities CANDY CORN DAY	31 10:00 Strength Training 10:30 Bells 1:15 BINGO 2:45 DIY Ceramic Gnomes 5:30 Movie Night HALLOWEEN