November 2026 Activities Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Tai Chi 10:30 Mug Club 1:15 Craft Hour 2:30 Diamond Art Club **NATIONAL CINNAMON DAY**	**2** 10:00 Core Training 10:30 Daily Delights 1:15 BINGO 1:15 Errands Trip 3:00 Planted Pot Clean Up **HAPPY BIRTHDAY LINDA R.!**	**3** 9:30 YMCA 10:00 Flexibility 10:30 Knitting and Crochet Club 1:15 State of Maine Museum Trip	**4** 9:30 Technology Help 10:00 Strength Training 10:45 Church 1:15 BINGO 3:00 DIY Pie Banner 5:30 Movie Night	**5** 9:30 YMCA 10:00 Chair Yoga 10:30 Adult Coloring 1:15 Auction 2:30 Football Decor	**6** 10:00 Balance Training 10:30 November Word Games 1:15 Goodwill Trip 3:30 Happy Hour	**7** 10:00 Strength Training 10:30 Bells 1:15 BINGO 3:00 Water Color Fall Landscapes 5:30 Movie Night
8 10:00 Tai Chi 10:30 Mug Club 1:15 Craft Hour 2:30 Christmas Village Group Project **SALON OPEN**	**9** 10:00 Core Training 10:30 Daily Delights 10:30 Annie Visit 1:15 BINGO 3:00 DIY Christmas Truck Hanging	**10** 9:30 YMCA 10:00 Flexibility 10:30 Road to Dalton Book Club 10:30 Cross Word 1:15 Ceramic Pot Snowmen 3:00 Cottage Meeting **MARINE CORPS BIRTHDAY** **HAPPY BIRTHDAY BOB**	**11** 9:30 Technology Help 10:00 Strength Training 10:45 Church 11:00 Military Trivia and Slang Challenge 1:15 BINGO 1:15 Salute to Service Social 2:45 Open Activities 5:30 Movie Night	**12** **NO YMCA** 10:00 Chair Yoga 10:00 Veterans Lunch At Morse 10:30 Cozy Case Files 1:15 Baking Club 2:00 DIY Lighted Christmas Tree	**13** 10:00 Balance Training 10:30 Thanksgiving A-Z Challenge 11:00 Cribbage 1:15 Target Trip 3:30 Giant Jenga	**14** 10:00 Strength Training 10:30 Bells 1:15 BINGO 3:00 Arm Chair Travel 5:30 Movie Night **PICKLE DAY**
15 10:00 Tai Chi 10:30 Mug Club 1:15 Craft Hour 2:30 Winter T-shirt Making **HAPPY BIRTHDAY AMY**	**16** 10:00 Core Training 10:30 Daily Delights 1:15 BINGO 1:15 Errands 3:00 Cinnamon Ornaments **HAPPY BIRTHDAY JAY**	**17** 9:30 YMCA 10:00 Flexibility 10:30 Ken Talks: Anemia and Low Iron 1:30 Bruce H. Music 2:30 Hot Cocoa Bar 3:00 Holiday Charm Bracelets	**18** 9:30 Technology Help 10:00 Strength Training 10:30 Woolwich Kids Visit 1:15 BINGO 3:00 Holiday Suncatchers 5:30 Movie Night **HAPPY BIRTHDAY JOAN M.**	**19** 9:30 YMCA 10:00 Chair Yoga 10:30 Open Activities 11:15 Dine Out at Antigoni's 2:15 Monopoly 3:30 Sticker By Number **PLAY MONOPOLY DAY**	**20** 10:00 Balance Training 10:30 Woolwich Kids Visit 1:15 R.M. Tates Trip 3:30 Happy Hour	**21** 10:00 Strength Training 10:30 Bells 1:15 BINGO 3:00 Gingerbread Cookie Decorating 5:30 Movie Night **GINGERBREAD COOKIE DAY**
22 10:00 Tai Chi 10:30 Mug Club 1:15 Craft Hour 2:45 DIY Card Making **SALON OPEN**	**23** 10:00 Core Training 10:30 Daily Delights 10:30 Annie Visit 1:15 BINGO 3:00 DIY Snowglobes	**24** 9:30 YMCA 10:00 Flexibility 10:30 Christmas Magnets 1:00 Resident Meeting 2:00 Indoor Target Practice	**25** 9:30 Technology Help 10:00 Strength Training 10:30 Thankful Tree Reading and Social 1:15 BINGO 3:00 Wooden Ornament Making 5:30 Movie Night	**26** **NO YMCA** 8:30 Macy's Thanksgiving Day Parade 10:00 Chair Yoga 10:30 Cozy Case Files 11:30 Thanksgiving Meal 1:00 Movie **THANKSGIVING DAY**	**27** 10:00 Balance Training 10:30 Monochrome Coloring 1:15 Wreath Making 3:00 Trivia	**28** 10:00 Strength Training 10:30 Bells 1:15 BINGO 3:00 DIY Felt Turkeys 5:30 Movie Night
29 10:00 Tai Chi 10:30 Mug Club 1:15 Craft Hour 2:30 Potpourri	**30** 10:00 Core Training 10:30 Daily Delights 10:30 Book Club 1:15 BINGO 1:15 Errands 3:00 Christmas Tree Decorating Party					

Activities Location Key

AR = Activities room
LR = Living room
CR = Conference room
SR = Sitting room
PO = Porch
DR = Dining Room

Please note: Activities are subject to change.