WEEKLY MENU

Dinner

NOVEMBER 15TH - NOVEMBER 21ST

SUNDAY **NOVEMBER 15TH**	**Main Courses:** Tomato Basil Grilled Mozzarella and Pesto Flatbread Egg Salad on a Croissant with a Three Bean Salad
MONDAY **NOVEMBER 16TH**	**Main Courses:** Turkey Noodle Casserole BLT Sandwich with Pickle and Carrot and Raisin Slaw
TUESDAY **NOVEMBER 17TH**	**Main Courses:** Italian Sub with Pasta Salad Sausage Chili with Cornbread
WEDNESDAY **NOVEMBER 18TH**	**Main Courses:** Monte Cristo Sandwich with a Pickle and Chips Chicken, Walnut, and Apple Salad
THURSDAY **NOVEMBER 19TH**	**Main Courses:** Grilled Ham and Cheese with Marinated Cucumber Salad Cobb Salad with Croutons
FRIDAY **NOVEMBER 20TH**	**Main Courses:** Chicken Pot Pie Butternut Squash Soup and Crostini
SATURDAY **NOVEMBER 21ST**	**Main Courses:** Open Faced Roast Beef Sandwich with Gravy Dinner Salad with Roasted Chicken

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A TASTE OF HISTORY

Fun Food Facts from the Past

NOVEMBER 15TH - NOVEMBER 21ST

SUNDAY
NOVEMBER 15TH

Tomato Basil Flatbread

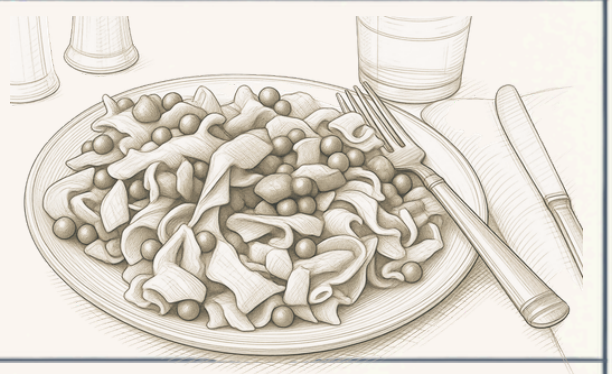
Flat Bread has roots that go back thousands of years, from ancient Mediterranean cooking. The classic combination of tomato and basil became popular in Italy, where it represents fresh and simple flavors.



MONDAY
NOVEMBER 16TH

Turkey Noodle Casserole

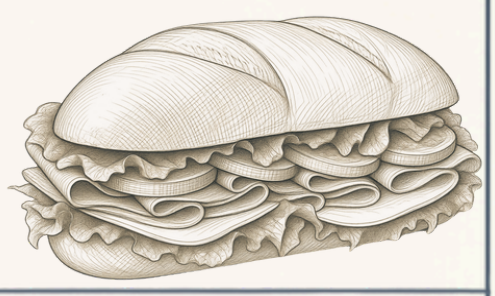
Casseroles became a staple in American homes in the 1950s, known for being easy, hearty, and economical way to turn leftovers - like turkey- into a whole new meal.



TUESDAY
NOVEMBER 17TH

Italian Sub

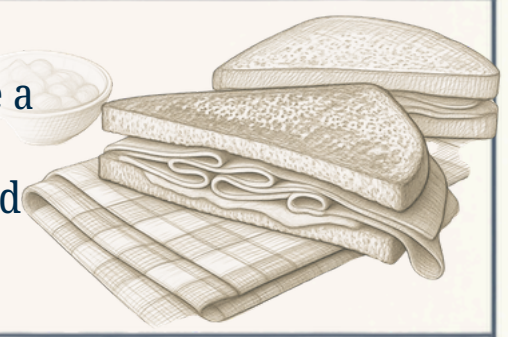
The submarine sandwich or “sub”, originated in the early 1900s in Italian-American communities. It quickly became a favorite for its hearty layers of meats, cheese, and fresh toppings.



WEDNESDAY
NOVEMBER 18TH

Monte Cristo Sandwich

The Monte Cristo has French roots, but it became a popular American classic in the 1950s. This tasty sandwich is a twist on French toast, with ham and cheese, lightly fried and often served with a sprinkle of powdered sugar.



THURSDAY
NOVEMBER 19TH

Grilled Ham and Cheese

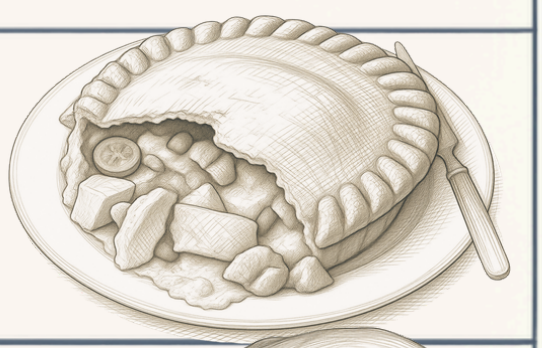
The ham and cheese sandwich has been a favorite for generations, but grilling it to a golden, crispy perfection became especially popular in the 1930s, when hearty comforting meals were needed during tough times.



FRIDAY
NOVEMBER 20TH

Chicken Pot Pie

Chicken pot pie has been warming tables in America since the 1800s. Its flaky crust and savory, creamy filling made it a perfect way to use simple, wholesome ingredients to feed a family.



SATURDAY
NOVEMBER 21ST

Roast Beef Sandwich

Roast beef became a deli favortie is the late 1800s, especially in American cities. Served hot or cold with savory gravy. It’s a timeless classic that remains a comfort food today.



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