WEEKLY MENU

Dinner

NOVEMBER 22ND - NOVEMBER 28TH

SUNDAY **NOVEMBER 22ND**	**Main Courses:** Chicken Salad on a Croissant with Broccoli Slaw Split Pea Soup and a Biscuit
MONDAY **NOVEMBER 23RD**	**Main Courses:** Sloppy Joe with French Fries and a Salad Cheeseburger with French Fries and a Salad
TUESDAY **NOVEMBER 24TH**	**Main Courses:** Corn adn Shrimp Chowder with Cornbread Vegetable Chili with Cornbread and Slaw
WEDNESDAY **NOVEMBER 25TH**	**Main Courses:** Tomato Soup and Grilled Cheese Sandwich with Potato Salad Pan Fried Fishcake with Potato Salad
THURSDAY **NOVEMBER 26TH**	**Main Courses:** Butternut Soup with Choice of Salad or Half Sandwhich
FRIDAY **NOVEMBER 27TH**	**Main Courses:** Hawaiian Flatbread Pizza Deviled Egg Salad Sandwich with Pickled Cucumeber and Onion Salad
SATURDAY **NOVEMBER 28TH**	**Main Courses:** Southwestern Chopped Salad with Cheese Quesadilla BLT and Cheddar Panini with Three Bean Salad

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A TASTE OF HISTORY

Fun Food Facts from the Past

NOVEMBER 22ND - NOVEMBER 28TH

SUNDAY
NOVEMBER 22ND

Split Pea Soup

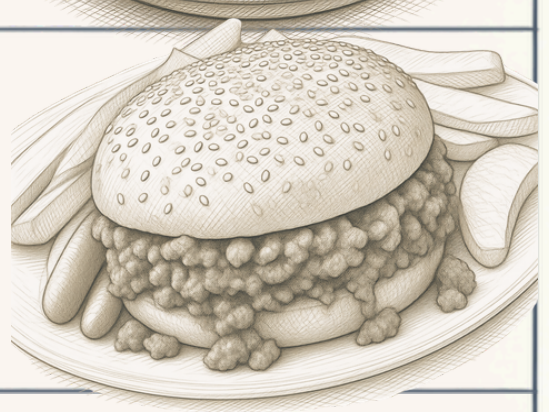
Split Pea Soup has been a comforting favorite for centuries, dating back to ancient Rome, where peas were a staple food for both everyday meals and long journeys.



MONDAY
NOVEMBER 23RD

Sloppy Joe

The Sloppy Joe became popular in the 1930s, inspired by a loose-meat sandwich from Iowa. It was an easy, hearty, and affordable meal that quickly became a household favorite.



TUESDAY
NOVEMBER 24TH

Corn and Shrimp “Chowdah”

Chowder is a New England classic with roots in early American fishing commnitiies. Corn chowder, a beloved variation, adds a touch of sweetness that pairs perfectly with corn bread.



WEDNESDAY
NOVEMBER 25TH

Tomato Soup and Grilled Cheese

Tomato soup and grilled cheese became a classic American pairing in the 1920s, when canned tomato soup made it easy and affordable for families to enjoy at home.



THURSDAY
NOVEMBER 26TH

Butternut Soup

Butternut squash, a native North American vegetable, has been enjoyed for hundreds of years. It’s naturally sweet, creamy flavor makes it a popular choice for cozy fall soups.



FRIDAY
NOVEMBER 27TH

Hawaiian Flatbread Pizza

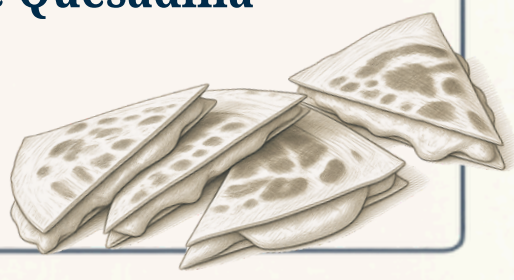
Despite its name, Hawaiian pizza was actually created in Canada in 1962 by a Greek-born chef! The combination of ham and pineapple quickly gained fans around the world.



SATURDAY
NOVEMBER 28TH

Southwestern Chopped Salad and Cheese Quesadilla

Quesadillas have been enjoyed in Mexico for centuries, with the word coming from “queso,” meaning cheese. They are a simple, versatile dish that can be filled with endless delicious combinations.



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